

The Leader in Me

Habit 8 – Find Your Voice

- I discover my strengths & talents and share them with others.
- I show energy, excitement, and passion for what I love.
- I try new things.
- Through my example, I lead and inspire others to do the same.



Hi Parents!

This week we focused on the bonus 8th Habit, Find Your Voice. There is greatness in all of us and that's the message of this habit we really want kids to believe. While academics may not be a strength for some students yet, we want them to know there are other ways for them to shine such as sharing their art talent or their kindness superpower. Take some time to tell your child the strengths and talents you see in him or her. It would also be a great time to review the importance of choosing a growth mindset when trying new things or striving to develop skills.

Tips for Home:

- Discuss the quote of the week and how it relates to synergizing.
- Read a book from the included book list with your child and discuss how the characters did or did not put habit 8 into action.
- Create a Find Your Voice Is/Is Not T-chart
- Share a time you shared a talent with someone.
- Discuss what happens when someone tries new things.
- Discuss how having a growth mindset is related to Habit 8 and connect it back to Habit 2.
- Define courage & discuss why it takes courage to share your talents.
- Do a family research project about people who helped make the world a better place by sharing their talent or inspiring others.
- Talk about a person who inspired you.
- Watch a YouTube clip of an inspirational person (Nick Vujicic and Ezra Frech are pretty cool) and discuss how he/she found his/her voice.
- Write motivational sayings that will inspire others to believe in themselves...you could sneak into someone's room while their kids are at special and leave a sticky note message for each kid
- Have your child write an acrostic poem using his/her first name that highlights their strengths, talents & passions.
- Brainstorm a list of ways to inspire others
- Sing the Habit 8 song (included).
- Share personal stories of how you've developed your talents or a time when you discovered you were good at something.

Quote of the Week:

"When you let your own light shine, you unconsciously give others permission to do the same."

- Nelson Mandela

Habit 8 Picture Books

The Dot (Reynolds)
The Most Magnificent Thing (Spire)
Ava Twist, Scientist (Beaty)
Penguin's Hidden Talent (Latimer)
Flight School (Judge)
Happy Dreamer (Reynolds)
Exclamation Mark (Rosenthal)
Giraffes Can't Dance (Andreae)
Spoon (Rosenthal)
The Hueys in the New Sweater (Jeffers)
Malala's Magical Pencil (Yousafzai)
The Boy Who Loved Math (Heiligman)
Drum Dream Girl (Engle)
We're All Wonders (Palacio)
Wonder (Palacio –chapter book)
Zero (Otoshi)
The Clever Stick (Lechner)

Find Your Voice

Find your voice. Find your voice.
Be true to you. Be true to you.
Shine like the stars in the sky so blue.
Learn what you're good at and try something new,
Then pull someone up by inspiring them too.
So find your voice.
(Tune: Three Blind Mice)