

The Leader in Me

Habit 4 – Think Win-Win

- I balance courage for getting what I want with consideration for what others want.
- I make deposits in others' Emotional Bank Accounts.
- When conflicts arise, I look for third alternatives.



Hi Parents!

Habit 4, Think Win-Win, was our focus for this week. Students learned about finding solutions that work for everyone, including third alternatives. We also connected this habit to our Be Kind message as making deposits in others' Emotional Bank Accounts is all about treating others with kindness and working things out in a way that considers others' feelings.

Tips for Home:

- Discuss the quote of the week and how it relates to thinking win-win.
- Read a book from the included book list with your child and discuss how the characters did or did not put habit 4 into action.
- Create a Win-Win Is/Is Not T-chart.
- Define compromise and give examples of times you've made compromises in your life.
- Role play conflict situations and model win-win solutions (conflicts – want the same book, friends want to play different games, disagreeing on an idea, both wanting to go first in a game, etc.).
- Discuss the meaning of an Emotional Bank Account and brainstorm ways to make "deposits" in others' EBA. Discuss ways to make "withdrawals" in others' EBA (use example of real bank account with deposits and withdrawals to make an analogy).
- Discuss the causes and effects of making deposits or withdrawals in others' EBA (*Have You Filled a Bucket Today* is a great book that ties into this).
- Create a chart of the 4 types of solutions (descriptions below). Give conflict scenarios and discuss a solution for each box and how each solution would make a person feel.
 - ***Win-Win** "Let's find a solution that works for both of us." Both people look for solutions that will make everyone happy.
 - ***Win-Lose** "I'm going to beat you no matter what." A person who puts himself first and gets his way; driven by comparison, competition, and power.
 - ***Lose-Win** "I always get stepped on." One person gives in because he lacks courage to express & act on feelings.
 - ***Lose-Lose** "If I'm going down, you're going down with me." Neither person gets what they want and both are unhappy with the solution.

Quote of the Week:

"It takes both sides to build a bridge."
– Fredrik Nael

Habit 4 Picture Books

Have You Filled a Bucket Today? (McCloud)
Two (Otoshi)
Alexander and the Wind-Up Mouse (Lionni)
The Rainbow Fish (Pfister)
The Doorbell Rang (Hutchins)
The Very Clumsy Click Beetle (Carle)
Let's Be Enemies (Udry)
The Doorbell Rang (Hutchins)
Frederick (Lionni)
Amos Steig (Amos & Boris)
Something From Nothing (Gilman)
The Black Book of Colors (Menema Cottin)
Chrysanthemum (Henkes)
Horrible Harry's Secret (Kline)
The Moccasin Goalie (Brownridge)
Lilly's Big Day (Henkes)
The Legend of the Bluebonnet (DePaola)
Smoky Night (Bunting)
Too Tall Houses (Marino)
The Butter Battle Book (Dr. Seuss)
Monkey & Robot (Catalanotto)

